



*Edition - 7*  
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INTERJAS LOGISTICS PVT.LTD.

Monsoon Memories...



The Breeze which closes your eyes opens your mind, arms & mouth.

Happy monsoon to all & may the rain wash away all the negatives & renew the atmosphere with positive energies.

I am sure the cover page has reminded all of their childhood memories when making a boat was a regular activity as well competition & then waiting for rain to log water in our surrounding area to demonstrate our skills of boat making followed by competition.

I think this was beginning of our struggle & we learnt it hard way.

Amazingly the rain arrives with a smell & cold breeze which charges us with energy & drags us to feel the rain on our body. Suddenly our arms open up to welcome the rain & this brings back our blissful, timeless memories which takes us to a different world. The raincoats , gumboots , umbrella which were typically black & white which still brings color in life when we go in our flashback childhood memories. The raincoat was a formality to ensure our parents don't shout but we all found a way to ensure we enjoy the rain specially when it is weekend as we had no school next day.

First rain was a blessing after spending entire summer using Nycil the country's Prickly heat power & a household name in our childhood. It was a time to replace Nycil with Vicks , but the application of both was primary right of our mother which I still cherish & we all miss. A Child getting sick was not a family concern but the entire neighborhood panic & we had aunties to take care of us along our mother.

The hot homemade Soup , Pakode , Tea with ginger , spicy hot food to beat the cold was a blessing when we were half wet. More blessed than today's generation which eats the chocolate but we were lucky to play football in Chocolate water , drive cycle & found a reason to bunk school for taking rest in which we all succeeded most of the time.

At least once in monsoon GOD heard our prayers when we wished for a heavy rainfall & school declaring a holiday...., that was a icing on cake to the whole enjoyment.

I am sure all the big bosses of today's corporate world went through similar wonderful childhood.

What a carefree, fearless life....

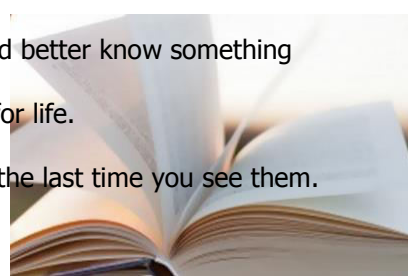


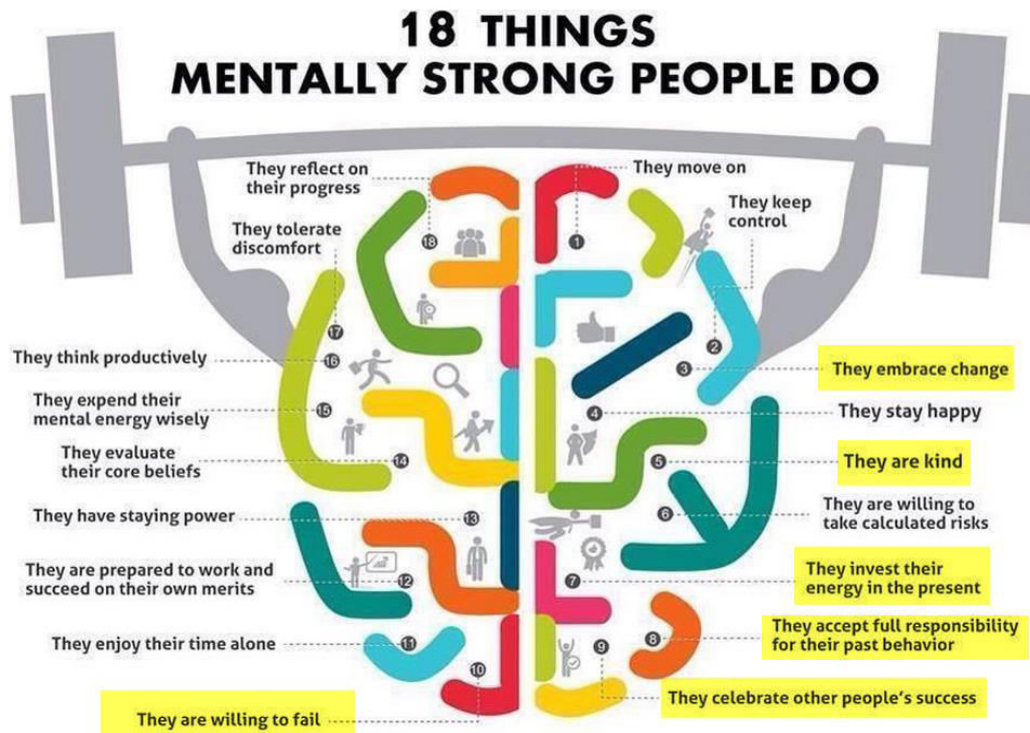
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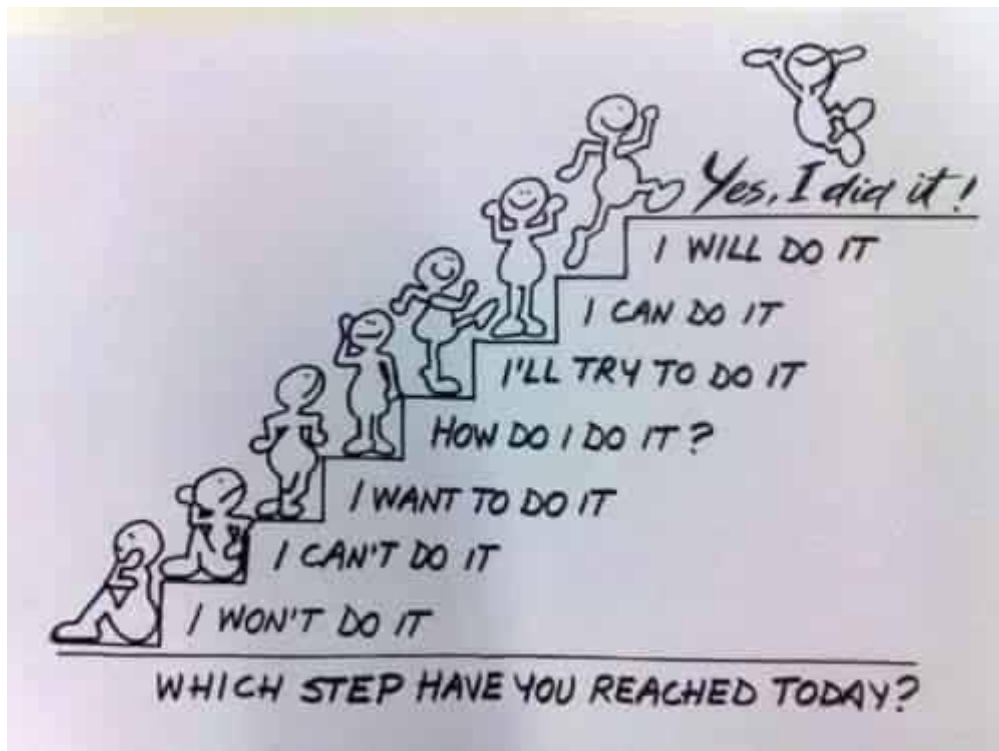


- ❖ That you can't make someone love you. All you can do is be someone who can be loved the rest is up to them.
- ❖ That's it's hard to determine where to draw line between being nice and not hurting people's feeling& standing up for what you believe.
- ❖ That no matter how much you care, some people just don't care back & it takes years to build up trust, and only second to destroy it.
- ❖ That no matter how good a friend is they are going to hurt you every once in a while and you must forgive them for that.
- ❖ That it's not what you have in your life but who you have in your life that counts.
- ❖ That you should never ruin an apology with an excuse.
- ❖ That you can get by on charm for fifteen minutes. After that you would better know something
- ❖ That you should not compare yourself to the best others can do.
- ❖ That you can do something in an instant that will give you heartache for life.
- ❖ That it's taking long time to become the person I want to be.
- ❖ That you should always leave loved ones with loving word. It may be the last time you see them.
- ❖ That you can keep going long after you can't.
- ❖ That we are responsible for what we do, No matter how we feel.
- ❖ Either you control your attitude or it controls you.
- ❖ That regardless of how hot & steamy a relationship at first, the passion fades and there had better be something else to take its place.
- ❖ That heroes are the people who do what has to be done when it need to be done, regardless of the consequences.
- ❖ That sometimes the people you expect to kick you when you're down will be the ones to help you get back up.
- ❖ That sometimes when I am angry, I have the right to be angry, but that does not give me right to be cruel.
- ❖ That the true friendship continues to grow even over the longest distance. Same goes for true love.
- ❖ That maturity has more to do with what type of experience you have had and what you have learned from them and less to do with how many birthday's you have celebrated.
- ❖ That you should never tell a child their dreams are unlikely or outlandish, few things are more humiliating, and what a tragedy it would be if they believed it.
- ❖ That your family won't always be there for you. It may seem funny, but people you aren't related to can take care of you & love you and teach you to trust people again. Families aren't biological.
- ❖ That it isn't always enough to be forgiven by others, sometimes you are to learn to forgive yourself.
- ❖ That our background & circumstances may have influenced who we are, but we are responsible for who we become.
- ❖ That a rich person is not the one who has the most, but is one who needs the least.
- ❖ That just that two people argue, It doesn't mean they don't love each other. And just because they don't argue, it doesn't mean they do.
- ❖ That we don't need to change our friend if we understand that friends change.
- \*
  - ❖ That you should not be so eager to find out a secret, it could change your life forever.
- ❖ That two people can look at exact same thing and see something totally different.
- ❖ That no matter how you try to protect your children, they will eventually get hurt and you will hurt in the process.
- ❖ That even when you think you have no more to give, when a friend cries out to you, you will find the strength to help.
- ❖ That credentials on the wall do not make you a decent human being.
- ❖ That the people you care about most in life are taken from you too soon.





### Watch Your Steps



Shared by: - Nitin Sir



## **10 Interesting things to do in Office Breaks**



Office desk is a place where you spend most of your time in a day. You often take breaks in office, but what do you actually do?? Sip coffee or tea or go for a smoke? Or just crib about the burden of work you got to do? Have you ever thought what all interesting things you can do in your breaks rather than munching snacks, sipping endless cups of coffee/tea and making unnecessary calls?

### **Here are 10 interesting things you can do in your office breaks:**

**Eat a healthy snack:** You spend nine to twelve hours daily in office. Just munching snacks and sipping coffee are not good options during breaks. Opt instead for healthy snacks like fruits salads, boiled sprouts or simply popcorn apart from your lunch. All these are healthy options that can energize you and keep you alert all day long.

**Read a newspaper or magazine:** Constant working on laptops and desktops can be stressful to your body. What you can simply do is, read a newspaper or a magazine and catch up on the latest gupshup. This will enliven your mind and will be completely relaxing.

**Stretch yourself:** Do simple stretching exercises while you are at your desk. This will not only unwind your body but will also activate your thinking nerves.

**Listen to music:** Music, as they say, is the best stress buster! Simply listen to your favourite songs on your iPod or mobile phone. Make sure you don't disturb anybody while doing so.

**Take a stroll:** Sitting at one place for too long can be monotonous not only for your mind but for your body as well. A better option will be to take a stroll downstairs to unwind.

**Tidy your desk:** Tidying one's desk is one of the most useful and constructive activities one can do in the break time. Get rid of those unwanted files that are piling up on your desk, clean your desk of unnecessary papers that are occupying most of your table space and don't forget, 'A clean desk is the first step towards an uncluttered mind!'

**Play mind games:** Solving puzzles and Sudoku can tickle your thinking nerves and keep you away from work related stress. If there is a recreation room in your office, make sure you use it. Remember not to devote too much time on these, as that can affect your work.

**Get onto Twitter:** Tweet! Tweet! Tweet! Need we say anything else? Go twittering and blog in only 140 characters as your break hardly allows you too much time, right?

**Meditate:** Meditation in office can calm you and keep you away from workload. Something as simple and easy as closing your eyes for 5 minutes and deep breathing can relax you. While you are taking deep breaths, concentrate on your breathing. This will not divert your mind.

**Socialize:** Sometimes, walking up to your colleague and talking on almost anything under the sun, ranging from your kid's pranks, your maid who is constantly on leave, the office colleague you can't stand, the latest movie you saw, is truly unwinding. *Remember not to disturb others.*

***All the above mentioned things are best done during breaks for optimum and positive results. It would be wise, if you don't let these activities affect your productivity in work.***

## I Wish You Enough

Recently, I overheard a mother and daughter in their last moments together at the airport as the daughter's departure had been announced. Standing near the security gate, they hugged and the mother said: **"I love you and I wish you enough."**

The daughter replied, "Mom, our life together has been more than enough. Your love is all I ever needed. I wish you enough, too, Mom." They kissed and the daughter left.

The mother walked over to the window where I sat.

Standing there, I could see she wanted and needed to cry. I tried not to intrude on her privacy but she welcomed me in by asking, "Did you ever say good-bye to someone knowing it would be forever?" "Yes, I have," I replied.



"Forgive me for asking but why is this forever good-bye?"

"I am old and she lives so far away. I have challenges ahead and the reality is the next trip back will be for my funeral," she said. When you were saying good-bye, I heard you say, "I wish you enough." May I ask what that means?" She began to smile. "That's a wish that has been handed down from other generations. My parents used to say it to everyone." She paused a moment and looked up as if trying to remember it in detail and she smiled even more.



"When we said 'I wish you enough' we were wanting the other person to have a life filled with just enough good things to sustain them". Then turning toward me, she shared the following, reciting it from memory,

*"I wish you enough sun to keep your attitude bright. I wish you enough rain to appreciate the sun more.*

*I wish you enough happiness to keep your spirit alive. I wish you enough pain so that the smallest joys in life appear much bigger. I wish you enough gain to satisfy you're wanting. I wish you enough loss to appreciate all that you possess. I wish you enough hellos to get you through the final good-bye."*

Shared By: - Pooja Gadkari

## Inspiring Quotes

- Don't dream about success - work for it.
- If you take care of your people, your people will take care of your customers & your business will take care of itself. (J.W.Marriot)
- If you can hire people whose passion intersects with the job they, won't require any supervision at all. They will manage themselves better than anyone could ever manage them. Their fire comes from within. (stephen covey)
- Success is no accident, it is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing. (pele)
- The best way to develop people is to constantly get them out of their comfort zone. (carlosbrito)
- When god pushes you to the edge of difficulty trust him fully. Because two things can happen either he'll catch you when you fall, or he will teach you how to fly.
- Put all excuses aside and remember this. **YOU** are capable.
- Don't tell people your dreams. Show them.
- Everybody says "mistake is the first step of success" but real fact is "correction of mistake is the first step of success"
- If you are doing your best you won't have time to worry about failure.

Shared By: - Bhavna Prasad

Source: - Miscellaneous

### Drink & Drive: Stop & Think Again

A Man named Shyam was walking around in a retail store making shopping, when he saw a Cashier talking to a boy couldn't have been more than 5 or 6 years old. The Cashier said, "I'm sorry, but you don't have enough money to buy this doll." Then the little boy turned to Shyam and asked, "Uncle, are you sure I don't have enough money?"

Shyam counted his cash and replied, "You know that you don't have enough money to buy the doll, my dear." The little boy was still holding the doll in his hand. Finally, Shyam walked towards him and asked him who he wished to give this doll to. "It's the doll that my sister loved most and wanted so much. I wanted to Gift her for her Birthday. I have to give the doll to my mommy so that she can give it to my sister when she goes there." His eyes were so sad while saying this.

"My Sister has gone to be with God. Daddy says that Mommy is going to see God very soon too, so I thought that she could take the doll with her to give it to my sister." Shyam's heart nearly stopped. The little boy looked up at him and said, "I told daddy to tell mommy not to go yet. I need her to wait until I come back from the mall." Then boy showed him a very nice photo of him, where he was laughing. He then told Shyam that "I want mommy to take my picture with her so my sister won't forget me, I love my mommy and I wish she doesn't have to leave me, but daddy says that she has to go to be with my little sister."

Then he looked again at the doll with sad eyes, very quietly Shyam quickly reached for wallet and said to the boy. "Suppose we check again, just in case you do have enough money for the doll?" He said, "OK, I hope I do have enough." Shyam added some of his money without him seeing and they started to count it. There was enough for the doll and even some spare money.

The little boy said, "Thank you God for giving me enough money!" Then boy looked at Shyam and added, "I asked last night before I went to sleep for God to make sure I had enough money to buy this doll, so that mommy could give It to my sister. He heard me! I also wanted to have enough money to buy a white rose for my mommy, but I didn't dare to ask God for too much. But He gave me enough to buy the doll and a white rose. My mommy loves white roses."

Shyam finished his shopping in a totally different state from when he started. He couldn't get the little boy out of his mind. Then he remembered a local newspaper article two days ago, which mentioned a drunk man in a truck, who hit a car occupied by a young woman and a little girl. The little girl died right away, and the mother was left in a critical state.

The family had to decide whether to pull the plug on the life sustaining machine, because the young woman would not be able to recover from the coma. Was this the family of the little boy? Two days after this encounter with the little boy, he read in the newspaper that the young woman had passed away. He couldn't stop himself & bought a bunch of white roses and went to the funeral home where the body of the young woman was exposed for people to see and make last wishes before her burial. She was there, in her coffin, holding a beautiful white rose in her hand with the photo of the little boy and the doll placed over her chest. Shyam left the place, teary-eyed, feeling that his life had been changed forever...

The love that the little boy had for his mother and his sister is still, to this day, hard to imagine and in a fraction of a second, a drunk driver had taken all this away from him...



**Moral: Respect life, Follow and Obey Rules. Don't make anyone else to pay and bear for your mistakes. Do not make the mistakes which cost others something that can never be replaced. Always have a giving hand and extend your help to those in need and sorrow.**

शॉटकट शॉटकट शॉटकट

आला आहे शॉटकटचा जमाना

यालाच म्हणतात कलीयुगीचा तराना

स्त्रिया नऊवारीतून सहावारीत आल्या

तरुणी सलवार कमीजीतून जीन्सवर आल्या

पुरुष धोतर सोडून पायजम्यावर आले

तरुण जीन्स सोडून बरमोड्यावर आले

सहा महिन्याचे पिक चार महिन्यात काढतात

ती खाणारे दोन महिने कमीच जगतात

उदर निवाहासाठी माणसे जंगले तोडतात

जंगली शवापदे माणसांना खातात

आता तर काय झाडांना बॉनसॉय करतात

जमीन पडते कमी म्हणून कुंडीतच लावतात

फळ झाडांना कलम करतात फळे येतात पटापट

खाणारयाचेही आयुष्य झाले कमी झटापट

जमीन थोडी बिल्डिंग मोठी

फ्लॅट फार पण घरे छोटी

लोकसंख्येत होते आहे वाढ

म्हणून आहे शॉटकट फार

घरात आहे टीवी सेट, सोफा सेट

पण काय उपयोग सदगुरुशी नाही थेट

Shared by: - Anupama Dhus

एक छानशी गोष्ट

एकदा स्वप्न आणि सत्य यांचे जोरदार भांडण झाले. विषय होता भविष्य घडविण्यात सर्वाधिक सहभाग कोणाचा. दोघे ही खुप भांडले, झगडले पण निर्णय काही होईना. शेवटी या प्रश्नाचे उत्तर शोधण्यासाठी ते आपल्या मानसपित्याकडे- ब्रम्हदेवाकडे गेले. ब्रम्हदेवाने त्यांना सांगितले, "ज्या कोणाचे हात आभाळाला टेकतील आणि तरीही ज्याचे पाय जमिनीवर आसतील, त्याचा भविष्या घडविण्यात निर्णायक सहभाग असतो". दोघेही परत आले. स्वप्नाने आधी प्रयत्न केला. एकच उडीत त्याचे हात आभाळाला टेकले, पण त्याचे पाय जमिनीपसून केंव्हाच उचलले गेले होते. सत्याने नंतर प्रयत्न केला. त्याचे पाय कायम जमिनीवर होते, पण त्याचे हात आभाळापर्यंत कधीच पोचू शकले नाहीत. दोघांनीही खुप प्रयत्न केले, पण दोघांपैकी कोणीच यशस्वी होऊ शकले नाही. थकुन परत एकदा ते ब्रम्हदेवाकडे गेले, आणि या वेळेस ब्रम्हदेवाने त्यांना सांगितले, "भविष्य घडविण्यात सत्य, आणि स्वप्न या दोघांचाही सहभाग तितकाच मोलाचा असतो. खर्या अर्थाने यशस्वी भविष्य घडवायचे असेल, तर स्वप्नाला सत्याच्या खांद्यावर उभे रहयला हवे!

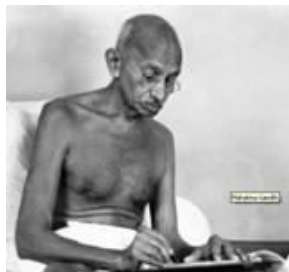


Shared By: - Priyanka Pawar



## Failures Who Became Inspirational Success Stories!!!!

### Mahatma Gandhi



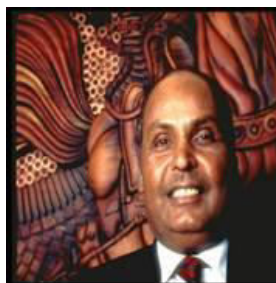
His is perhaps the most inspirational tale. Originally a barrister in India by profession, he was not a strong lawyer as he was unable to cross-question his witnesses. After spending sometime drafting litigation letters, he went to South Africa where he developed his political skills. It was not a cake-walk for him even there and his Satyagraha movement was fraught with difficulties even in India. Perhaps his biggest failure of all times was the partition of India and Pakistan.

### Narendra Modi



A humble chai-vendor, embroiled in one of the most blood-bathed controversies in the country is today the Prime Minister. Does success need any other definition? When Modi took on the reigns of Gujarat as the Chief Minister from Keshubhai Patel, his rise was met with opposition from many within the party. Modi's lack of experience was one of the major concerns. However, Modi stood his ground and became Gujarat's CM. As the CM, he veered from RSS's ideologies and supported privatisation and small government. But perhaps, his true test came in the form of the Godhra violence. While many still blame him for the riots, his name was cleared and he went to become one of the most powerful men in the country.

### Dhirubhai Ambani



Who doesn't know the name Reliance today? But do you know, that Dhirubhai Ambani, the founder of Reliance was perhaps controversy's favourite child? Ambani had a humble beginning and he was not from an affluent background. He moved to Yemen at 16 years of age where he worked as a simple clerk. However, he knew he had to follow his calling and risking everything, he returned to India to set up his business with his close friend. Though Champaklal Damani differed from Ambani in his views and decided to split, Ambani did not give up hope and continued his trade, deciding to even enter the stock market. His stock market dealings and success have often been questioned but the man rose to power through

Sheer grit and de

termination.

### Nawazuddin Siddiqui



Born to humble farmers in UP, Nawazuddin first worked as a chemist in a petrochemical company. Wanting something more interesting, he moved to Delhi to only be a watchman. He developed an interest in theatre in Delhi and moved to Mumbai to try his luck in movies. However, like every struggler, he did not get any good job or any meaty role and kept appearing in small roles. He resorted to conducting acting workshops to earn some money. However, he got his break when he got noticed as a reporter in Peepli Live and there has been no looking back for him since then!

Shared By: - Nagesh Walke

**Best Wishes to newlywed Couple**



Priyanka & Vishal



Vijaya & Pranav



Pragat & Sneha

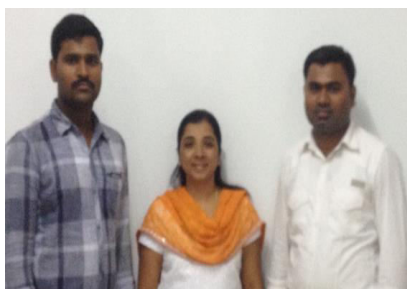
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Pune Team



Bangalore Team



Delhi Team

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